

Accidental Needle Poke Process

- Encourage bleeding by squeezing below the site without digging at the site to make it bleed.
- Clean and flush the site with water and soap, without scrubbing the site.
- Do not suck on the site to draw blood to surface.
- Take note of the injury (depth, needle size).
- Go to the nearest emergency room immediately. Doctors may be able to prescribe medication (Post Exposure Prophylaxis) to help your immune system fight off potential blood borne infections. These medications need to be started within 72 hours of the injury.

HIV North Society

9607 102 St Grande Prairie AB
780-538-3388-Office Phone
780-832-8548-Outreach Cell
www.hivnorth.org

Safer Needle Pick-Up

By HIV North Society



**HIV/AIDS & Hepatitis C Education,
Awareness & Support
Needle Exchange/Pick-Up
Harm Reduction & Safer Sex Supplies
STBBI/STI Testing
LGBTQ+ Youth Mentor
Housing First Outreach, ICM & PSH
Programs
Community Education**

Needle Pick-Up & Disposal



Tools for picking up needles:

- Tongs
- Gloves
- A bio-bin or container that is puncture proof and has a closable lid
- Closed-toed shoes are recommended

Needle Pick-Up Safety

- It is recommended to put the bio bin/container on the floor or ground when putting needle inside, instead of holding it
- Pick up the needle with the tip pointing downwards
- Close container, bring to HIV North to dispose. Mark container as a needle container and tape or lock shut so it isn't opened
- Dispose of gloves, wash hands, sanitize tongs



Things to Avoid

- If you are uncomfortable with picking up any needle debris, call HIV North at 780-538-3388 or 780-832-8548
- If you can, do not hold the container
- Do not try to recap needles

