



August 2020

For this month's newsletter, here is a Q&A with our Healthcare Navigator, Steven!

Q: Who can use the services offered by the Healthcare Navigator at Northreach?

A: Anyone! Any community member is welcome to get into contact with our healthcare navigator and see if they could use the services they provide. No referral is required.

Q: What can the Healthcare Navigator help with?

A: The role is quite diversified and aims to offer support to clients by decreasing barriers to access services across the broad spectrum of our healthcare system which include both mental and physical health/wellbeing. An emphasis is placed on STBBI prevention and education, HIV/Hepatitis C care and support and connecting people to appropriate medical services. Getting people connected to a family physician, helping with AISH applications/appeals, help with accessing appropriate benefits (i.e non-insured health benefits, indigenous specific benefits), harm reduction information/supplies, help with where and how to get tested for STBBI's, help with treatment adherence for HIV and HCV, and help with referrals to medical specialists within the province of Alberta are all part of the Healthcare Navigator's role.

Q: What kind of support does the Healthcare Navigator offer to people living with HIV?


A: The Healthcare Navigator can help whether you are newly diagnosed or have been living with HIV for some time. For newly diagnosed individuals, the Healthcare Navigator can help with getting connected to a HIV specialist in Grande Prairie, provide education around the new diagnosis, and harm reduction best practices. The Healthcare Navigator can also help with coordinating with pharmacies to ensure prompt medication delivery and preparation. Transportation and advocacy for HIV related appointments is available.


Q: When and how can we reach the Healthcare Navigator?

A: The Healthcare Navigator can be reached Monday through Friday during regular office hours, no referral required, via e-mail: healthcare@northreach.ca or by phone: 780-933-2341.



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