AWARE NEWSLETTER

National Women and Girls HIV/AIDS Awareness Day

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WOMEN

March 10 is National Women and Girls HIV/AIDS Awareness Day. Women and girls are disproportionately affected by HIV and AIDS and account for more than half of all people living with HIV and in some areas around the world.

HIV and AIDS servicing organizations are calling for more, better, and safer access to testing and treatment in addition to HIV prevention. Women of colour and transwomen are particularly affected by discriminatory and unequal testing, treatment, and prevention of HIV.

For more information about how women and girls, and other key populations, are affected by HIV and AIDS check out

www.avert.org/profession als/hiv-social-issues/keyaffected-populations

Sources:

https://www.poz.com/article/national-women-girls-hivaids-awareness-day-2021#lid=d5ab18bd98.8f320ebb81 https://www.avert.org/professionals/hiv-social-issues/key-affected-populations/women https://www.unaids.org/sites/default/files/media_asset/2019_women-and-hiv_en.pdf

HIV Elite Controllers

Elite Controllers are people who can suppress their viral load (how much HIV is in someone's blood) without medication or treatment. There is a large group of people in the Republic of Congo who are Elite Controllers and far out number the

rate that the rest of world sees. For most of the world there are 0.1-0.2% of people living with HIV who are Elite Controllers. In the Republic of Congo there are 207-4.3% of people who are Elite Controllers. Researchers are currently working on understanding the biological mechanisms that allow some people to remain healthy while living with HIV. They are hoping that if we can understand this



mechanism we will be closer to finding a cure for HIV. For more information about how some people's bodies can control HIV check out POZ Magazine's March 2021 issue.

Source

https://www.poz.com/article/abbott-scientists-discover-large-group-people-congo-control-hiv-without-meds#lid=d5ab18bd98.8f320ebb81

